

Resident: _____ Faculty: _____ Date: _____

SDOT - FAST Exam

- Explains indications for and limitations of the exam
- Explains procedure to patient
- Positions and drapes patient appropriately
- Chooses appropriate transducer
- Obtains appropriate RUQ view, scans through Morrison's pouch, visualizes the tip of the liver and inferior pole of the kidney
- Obtains appropriate subxiphoid view, adjusting depth as necessary
- Obtains appropriate LUQ view, scans through splenorenal recess, visualizes the inferior pole of the kidney
- Obtains pelvic view, scans through bladder in transverse AND longitudinal planes
- Identifies free fluid or lack of free fluid
- Wipes gel off patient
- Cleans machine and returns it to designated storage location

Overall Assessment:

- Unsatisfactory
- Proficient
- Mastered

Comments:

Faculty Signature: _____